

The Upper Limb Clinic

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SOS Centres Weybridge has developed a specialist clinic dedicated to the care, advice and treatment of Upper Limb Conditions. The Upper Limb Clinic provides a full array of clinical services under one roof.

Whether an individual is suffering from Shoulder or Elbow Pain, Poor Biomechanics, Weakness or Immobility – these can all be assessed and treated by the specialist Upper Limb Clinic at Sports Orthopaedics Spinal.

Clinical Services:

- Assessment, Diagnosis and Treatment led by Consultant Orthopaedic Surgeon – Mr Richard Sinnerton.

- Treatment, Rehabilitation and Exercise Advice by Specialist Upper Limb Physiotherapists.

- Immediate access to onsite diagnostic imaging facilities – MRI, CT, Digital X-ray, Ultrasound and Nuclear Medicine.

- A choice of local hospitals for any required surgical intervention.

- Unrivalled Rehabilitation and Exercise Facilities in our 2nd Floor Gymnasium.

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Access to a multidisciplinary team with the following specialities: Medical and Surgical Consultants, Podiatry, Osteopathy, Sports Massage, Personal Training, Pilates & Yoga.

Clinician Profile:

Mr Richard Sinnerton is an Orthopaedic Surgeon specialising in conditions of the Shoulder and Elbow. He is an expert in invasive Upper Limb Surgery such as Subacromial Decompressions, Acromioclavicular Excisions, Rotator Cuff Repairs, Clavicular Fracture Repair, Reverse Geometry Shoulder Replacements, Elbow Surgery and Ulnar Nerve Decompressions. His expertise also extends to the diagnosis and management of soft tissue conditions such as Subacromial Bursitis, Rotator Cuff Tendonitis, Tennis and Golfers Elbow. (Click the link for a full profile)

Mr Sinnerton is assisted by a team of high experienced Physiotherapists and Health & Fitness specialists providing expert treatment and rehabilitation for traumatic, post operative or degenerative Upper Limb conditions.

Patient Information:

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Shoulder Arthritis

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Reverse Geometry Shoulder Replacement

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Frozen Shoulder

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Clavicle Fractures

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Clavicle Fractures Pin vs Plate

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How I Pin A Clavicle (Graphic Scenes)

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Tennis Elbow

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Rotator Cuff Tendonitis

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Acromioclavicular Joint

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Dislocated Shoulders

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Steroid Injections

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How Bad Is My Shoulder?

Consultant Contact Details:

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